

CAREER SUMMARY

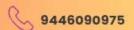
Academician in Collegiate **Education for 10 years and Media** person with significant experience in Acting, Anchoring, Programme Production and PR for more than 30 yrs in Film & TV industry, Freelancer in various magazines. Moreover a trained Mohiniyattam dancer and choreographer, Dance Educator for 22 years and Director of Ragasree Kalakendra Institute of Arts Kumarapuram, & Kadinamkulam Thiruvananthapuram Ragasree Online spreads over India ,UK,UAE & USA

Email: tharac.balac@gmail.com

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CONTACT ME AT:

Home:Gaurisankaram, TC 82/1450, RRA-e-87,Rishimangalam 2nd lane, Vanchiyoor P.O, Thiruvananthapuram-695035, Kerala



Thara C B

ASST.PROFESSOR

Personal Details: Nationality : Indian Spouse: O K Ravisankar

EDUCATION

PH.D -(PURSUING)

Media Studies,

Christ University, Bengaluru

MPHIL(THEATRE ARTS & FILM AESTHETICS)

Centre for Performing and Visual Arts
University of Kerala

M.J.C (MASTER OF JOURNALISM & COMMUNICATION)

School of Communication & Information Science, M.G University

B.A VIDEOPRODUCTION & MASS COMMUNICATION

Mar Ivanios College, Trivandrum.

SCHOOLS ATTENDED

St.Mary's H.S.S, Trivandry

SSLC

Holy Angels' Convent S<mark>chool,</mark> Trivandrum

SKILLS AND EXPERTISE

Dance Choreography Mohiniyattam Bharathanatyam, Kuchipudi & Kathakali

PR, Scriptwriting, Program Production, Presentation and Acting

TEACHING EXPERIENCE UG - 10 yrs

INSTITUTION

Mar Ivanios College Thiruvanathapuram &

Christ Nagar College
Thiruvananthapuram
MEMBER OF
PROFESSIONAL ORGANIZATION

ATMA
(Association of TV Media Artists)
KAF (Kerala Artistes' Fraternity)

SPECIAL SKILLS:

- Flexible and innovative
- Goal oriented, positive and supportive
- Good communication and organization skills

JUDGE IN MANY DANCE COMPETITIONS

GUEST OF HONOUR FOR VARIOUS
CULTURAL EVENTS

PUBLICITY COMMITTEE FOR VARIOUS PROGRAMS

UNIVERSITY VALUATION EXPERIENCES

Appointed as Chief Examiner, Additional Examiner & External Examiner(2010-23)

CERTIFICATE COURSES

DCA

Holy Angels' computer center
Trivandrum

C++ PROGRAMMING

SITE (School of information technology education) St.Joseph HSS, Thiruvanathapuram

Public Speaking

University of Washington

Project-Research Writing

University of California

Understanding Research Methods

University of London

Writing your World:
Finding yourself in the academic space

University of Cape Town

Film Appreciation

IIT Madras

Introduction to Film Studies

School Of Media And Communication Studies, Doon University, Dehradun

Fundamentals of Graphic Design
California Institute of the Arts

What is News? Michigan State University

Qualitative Research Methods
University of Amsterdam

Photojournalism

Central University, Pondicherry

Rashtrabasha Dakshina Bharat Hindi Prachar sabha

EDITORIAL BOARD MEMBER https://raagasree.com/ (online portal)

Lab journal

CONVENOR/MEMBER

- 1. Convenor of DQAC ,
 Dept.of Media Studies
- 2. Convenor of Womens' study unit of Dept. of Media Studies.
- 3. Member of College
 Women's' cell
- 4. Member of Celebration committee
- 5. Member of IQAC-Criteria 5
- 6. Dance club convenor
- 7. Member of Theatre and Media Club
- 8. Member of PR committee
- 9. Alumni in-charge
- 10. Member of Department
 Association: CNC Journo

CONTRIBUTIONS TO CO-CURRICULAR AND EXTRA-CURRICULAR ACTIVITIES AT COLLEGE

- Industry-implant training to students by coordinating talks by experts
- Conceived Covid 19 awareness campaign-Nrithashilpam-'Ee vipathu Mattanam' coordinating 80's of students and staff of our college via different media
- Choreography for 'Kinavukal Kandunaram' Album by Students and Faculties of College.
- Exposure for students in various Colleges and schools in TVM to participate in TV and Radio Shows (Padam 4, Attukal Pongala Special Bulletin in News 18 Keralam).
- Choreographed and performed Sargaragasandhya with dance club members of Christ Nagar College at Karikkakom Chamundi Devi temple during Meenam Pongala Festival
- Choreographed & Co-ordinated Dance Club members for International Charity day fundraising show at Christ Nagar Central School, Kowdiar
- Choreography for Flashmob for various awareness campaigns by dance club students
- Guiding students in short film and documentary production, Scriptwriting, news story writing and photography assignments
- Co-ordinator Intra, inter department and inter-college programme
- Media-related contests, quizzes
- Women's day in association with Sakhi TV one yr celebration
- Co-ordinating Literary fests, youth festival etc.
- Grooming sessions for Dance events for Youth Festivals
- 1. Social outreach Programme of Dept. of Media Studies-Coordinator for Gestures of Joy at Sree Chitra Poor Home, TVM
- Social outreach Programme of Dept. of Media Studies-Coordinator for Gestures of Joy at Kesavatheeram Ayurvedic Hospital, Kannur.
- 3. Social outreach Programme of Dept. of Media Studies-Coordinator for Gestures of Joy at Institute of Advanced Studies in Education, Chembukavu, Thrissur
- · Alumni Meet 'Rewind'

CO-ORDINATOR @

WORKSHOPS

- Dance Communication
 workshop (Mohiniyattom)(Coordinator)
- Dance therapy:
 Psychotherapeutic dance
 workshop
- Coordinator of offline
 Documentary production career
 orientation program for S6
 BJMC, by Baiju Chandran,
 Deputy Director (Retd),
 Doordarshan Kendra, TVM
- Coordinated Student

 orientation program for all
 batches by Dr.Justin G

 Padamadan
- Coordinator: Add-on course on research methodology for S6
- Women's' grievance cell
 of Dept. of Media Studies
- Short Film & Documentaries
 by students of BJMC

SEMINARS

- 'Nangyarkoothile Sthree Sakthi'by Margi Usha.
- 'Veerittukettuvo ennude mozhi' by Dubbing Artist Bhagyalexmi.
- New perspectives on Cinema by Syamaprasad, Film Director.
- Talk on Malayalam Film & role of music by Sudheep Kumar, Playback Singer.
- Seminar on new media & youth by azhimugham.com
- Workshop on scriptwriting for film &TV by K B Venu, Script Writer & Fimmaker
- Workshop on Radio Production by Biju Mathew, Program Executive at All India Radio.
- Workshop on TV journalism by Prince Pangadan, Asianet News
- Virtual workshop on TV production by Head of Programmes, DDK Baiju Chandran.
- Virtual workshop on Magazine content preparation by our Alumini: Gayathri N Nair
- Soft-skill-Art of Newsreading lecture: by Saji Devi, DDK
- Online career Development programme by Jaleesh Peter, PRO
- Organized expert session: Purushothaman V, film/TV Director on Location & casting
- Organised expert session:Santhosh Mada, Mal/Kannada Film director on script, storyboard, and dialogue writing
- · Online FDP for faculty
- 1. Post covid Filmmaking- Mahesh Narayanan, Filmmaker
- 2.OTT viewership V/S revenue A R Kannan Film Production executive
- Online lectures by experts Jeev Tom Mathew-Bureau chief Mathrubhumi News,
- Expert Talk-KrishnaKumar, Sub-editor, Mathrubhumi Daily, TVM
- Expert Talk-Prejin C Kannan, broadcast journalist
 -24*7 news
- Expert Talk-Rinku RajMattanchery-Photo journalist, Malayala Manorama
- Talk on Malayalam film and role of music-Sudheep Kumar, Playback Singer
- Workshop on Introduction to DSLR Photography-Yukthi Raj, Film Maker
- Seminar on New Media and Youth-Azhimugham.com
- Workshop on Script writing for Film & TV-KB Venu ,Script writer, Editor, Film Makers
- Workshop on Radio Production-Biju Mathew, Program Executive At All India Radio
- Seminar on Documentary Making-Dr S R Sanjeev, HOD, Dept. of Mass Communication, Mar Ivanios College, Nalanchira, TVM

OTHER EVENTS

- Assisted in coordinating S'pin the hits Radio' exhibition in connection with world radio day
- Thrive –InterCollegiate spot photography
 Contest
- 'Prime time'
 Intercollegiate news
 reading competition for
 UG&PG
- 'Copy
 write'Intercollgiate print
 Ad design contest for
 UG & PG
- 'Shoot a short' Intercollegiate short filmcompetition for UG & PG
- World Press Freedom
 day celebrated by
 conducting online
 Cartoon and Poster
 Design Competition
 with Theme:
 Information as a Public
 Good, Department of
 Media Studies along
 with Theatre and Media
 Club, in association
 with IQAC
- Radio Contest to celebrate World Radio Day and the birth anniversary of Sarojini Naidu.

AS ASST.CO-ORDINATOR

- GlobalSubmit 'Impetus 2020' Artificial Intelligence in Journalism
- · International webinar on Photojournalism
- International webinar on Constructive Journalism-
- International webinar on New wave south Asian Cinema
- International webinar on countering fake news, Misinformation & sensationalism
- International webinar on Investigative journalism' tribute to Harold Evans'
- · International Webinar on Freedom of Press
- 3 days International conference-IMPETUS on Social Media and Developing Societies: Emerging Trends, Platforms Impact, Digital Citizenship
- International conference on Content for Public Good-Department of Media Studies & IQAC, Christ Nagar College, Trivandrum, India. in association with SH School of Communication, Kochi (India), Artificial Intelligence Journalism for Research and Forecasting (UAE), Freebits (USA) and Focus Games (UK)
- National conference on World rare disease day 2023 organised by Department of Media Studies & IQAC, Christ Nagar College, Trivandrum
- Assistant coordinator for "My experience in Akashavan", an expert talk by G Sreeram, Asst.Director (Retd), Akashavani, TVM
- Assisted in coordinating soft skills training' language of Radio" by Sreekumar Mukhathala, Author, poet and program executive, Akashavani,TVM
- International conference on Social media & Developing Societies-Dept.of Media Studies &
- IQAC Christ Nagar College in association with Freebits USA, AIJRF, UAE & MediaAction, Nepal
- 5 days Workshop TV production-Arun Bose, Film maker(Luca)
- 2 days' workshop on Basics of Photography and Videography-Siddharth Aredath, Masters Degree in Designing, IIT Madras.
- 2 days workshop on Documentary filming-Fr, Tinto Pulinchuvallin CMI

PRESENTATIONS/TALKS

- Resource person on World dance day 2020, Veluthampi Arts & Sports Club, Veiloor, TVM, Topic: 'Communication through dance'
- "OTT as New Theatres in Kerala: Scopes & Hurdles for Filmmakers", a research paper presented at the International Conference on Narratives, Self and Identity: Traditions and Innovations conducted by REVA University, ISPELL Liverpool John Mores University
- Resource person on:
 Language of Mohiniyattom
 talk organised by Dance
 club , Christ Nagar College
- Speaker on topic 'Dance Communication for social good' -Thalirkoottam, Summer Camp, at Govt. Model girls HSS Pattom, TVM
- World Theatre day
 Discussion on
 Communication and Indian
 Theatre organised by
 Theatre & media Club,
 Christ Nagar College
- Talk on Innocent and Malayalam Film at Public Library, Puracheri, Kannur

RESEARCH EXPERIENCE:

DETAILS OF RESEARCH SUPERVISION

NO. OF STUDENTS WITH SUBMITTED DISSERTATIONS: 6 groups (UG)

2013-16 KOODIYATTAM AS THE MASTERPIECE OF THE ORAL AND INTANGIBLE HERITAGE OF HUMANITY

2014-17 RASARAJAH- 'SRINGARA IN MOHINIYATTAM'

2017-20 VISUAL COMMUNICATION IN CONTEMPORARY MALAYALAM FILMS WITH SPECIAL REFERENCE TO JALLIKETTU

2018-21 RISE OF SOCIAL MEDIA INFLUENCERS AS PUBLIC OPINION MANIPULATORS WITH SPECIAL REFERENCE TO VLOGGER

2019-22 FILTERED REALITY: A STUDY ON THE USE OF BEAUTY FILTERS AMONG YOUNG ADULTS

2020-23 ROLE AND INFLUENCE OF INSTAGRAM
REEL MUSIC IN PROMOTING AND FAMILIARISING
MOVIES "A STUDY ON MALAYALAM CINEMA

TALKS IN MEDIA

- Speaker for Radio talk:
 Mohiniyattathile Krishna Sparsham'
 on Radio Kerala-Vishu special
 episode
- Speaker on Ladies Band, News 18 Keralam on April 1st 2022 on Dance Therapy
- Speaker for Radio talk : Mohiniyattathile Sringara Rasam' on Radio Kerala
- Panellist in 'Padam 4' a talk show on News 18 Keralam
- Panellist in Malayali Durbar, Amrita TV
- Talk on Mohiniyattam at Varthapulari Janam TV
- Kerala Kalothsavam based discussion on Victers TV
- Talk at Sthreepadam at Akashavani, Kannur

WORKSHOP PARTICIPATED

- National workshop on Media and Journalism by NSS, MG university-2007
- Workshop for Aspiring women filmmakers by Kerala State Chalachithra Academy 2017
- One week international workshop on online teaching tools SWOTs, Saurashtra college-2020
- Virtual workshop on TV production (Co-ordinator),
 Christ Nagar College-2020
- Workshop on Research
 paper writing , organised by
 Dept.of Media Studies, Christ
 University, Bangalore
- Bharathanatyam Workshop-Priyadarshini Govind,
 Chennai organised by Soorya Festival, India
- Mohiniyattom Workshop-Dasyam , Chennai & Kalaimamani Gopika Varma
- Bharathanatyam workshop by Bregha Bessel organised by Soorya India

SEMINARS PARTICIPATED

- Media in cyber era: reporting the strategic environment in south Asia, Dept. of Political science, journalism & English, Prajothi Nikethan college, Puthukadu
- International Media Webinar on'Post-Covid challenges in Film Industry', Marian College Kuttikanam
- The changing world of Educational leadership:Impediments& prospects amidst Covid-19 crisis, Sourashtra College
- Webinar on V2X Communication, organized by E-Mobility R & D Centre at School of Engineering & Technology, CHRIST (Deemed to be University) in association with Safran & IEEE
- Trends in Fashion Photography, DE MODE fashion & lifestyle magazine, South Dum Dum, Kolkata & St. Joseph college of communication, Changanassery
- Mathrubhumi Sacred Facts-Mathrubhumi in association with daily Hunt
- MBIFL-VP Joy , Cheif Secretary, Speech Series
- Natyadharmi Kutiyattam festival of Kerala,By Sangeetha Nataka Academy Kutiyattaom Kendra
- One day Seminar on 'Indian Art', International Centre for Kerala Studies, University of Kerala
- Two-day seminar on 'Festivals of Kerala' International Centre for Kerala Studies, University Of Kerala
- National Seminar on 'Politics of parochialism
 Farther reaches of the human mind thinking
 about thinking By Dr Jibu Mathew George, Asst
 Prof, Dept of English, School of literature
 studies English & foreign language University,
 Hyderabad
- 'Quality Enhancement through outcome based education'Criteria 6& 7,UGC Paramarsh Scheme,St Teresa's college
- Seminar English :window to the world, Christ Nagar college

REFRESHER/ORIENTATION FACULTY DEVELOPMENT PROGRAMME

- NAAC criteria wise coordination Dr jijimon K
 Thomas ,IQAC co-ordinator,
 Mar Ivanios College
- Faculty development program related to IQAC Prof. Harry cleetus NAAC consultant St. Teresa's college, Ernakulam & former Principal, Accreditation Ambassodor, St.Alberts college, Ernakulam
- Teachers Training program byDr. Meenakshi Ramachandran, Principal Christ College, Vizhinjam on 'positive thinking'
- Orientation Workshop For News Reporters
 Dooradarshan Kendra, TVM
- National Level 7-Day Faculty Development Programme on Accreditation Framework
- Staff orientation Program-Karunasai Psychopark byChrist Nagar College
- Outcome based
 Education:IQAC, Christ Nagar
 College
- FDP on Accreditation
 Framework-IQAC Christ Nagar
 College-UGC Sponsored
 workshop by
- IQAC St Teresa's
 College.Paramarsh Scheme
 Developing Mentoring
 Competency

SEMINARS PARTICIPATED

- We think Digital -Webinar on online safety and misinformation, Digital Shakthi
- Two day National webinar on gender matters: text and contexts, Dept.of English & IQAC Khatra Adibasi Mahvidhyalaya, West Bengal
- International relationships of research problem, research questions and Reviews of literature, Chennai National arts and science college
- National webinar series-Pushing the boundaries of gender studies: Literary currents of today & Tomorrow, Dept. of English & IQAC, St. Aloysius college, Edathua
- Design thinkind for improving the teachinglearning process, Dept. of commerce & IQAC-Mar Thoma college, Chungathara, Malapuram
- One-Week Online Faculty Development Programme "A-Z of Writing & Publication in Scopus-Indexed Journals, GRM institute of Technology, Kakinada
- Responsible Journalism During Covid 19 Pandemic,
 Department of Mass/ Communication and
 Journalism ANSAR WOMEN'S COLLEGE
 PERUMPILAVU Karikkad, Thrissur
- We think Digital-Webinar on onlinesafety and misinformation by Digital Shakthi
- Two day National webinar on gender matters: text and contexts, Dept.of English & Dept.of
- International relationships of research problem, research questions and Reviews of literature-Dept.of Commerce (Gen & Dept.of Commerce (Gen & Dept.of Commerce (Gen & Dept.of Commerce College)
- National webinar series-Pushing the boundaries of gender studies: Literary currents of today & Tomorrow-English & DAC- St. Aloysius college, Edathua
- Seminar-religion and Literature By Dr. Valson
 Thampi, Former principal St. Stephens College, Christ
 Nagar College
- International Webinar on Investigative Journalism, Christ Nagar College
- International webinar on New wave on south Asian Cinema, Christ Nagar College

RESOURSE PERSON FOR ADD-ON PROGRAMS AT CHRIST NAGAR COLLEGE:

- Basics of Photography, 2017-18
- Advanced
 Photography,2018-19
- Photography Fundamentals
 2018-19
- Creative Photography 2019-20
- Essentials of Digital
 Photography 2019-20
- Documentary Photography 2020-21
- Manual Photography 2020-21
- Introduction to
 Photography 2021-22
- Introduction to
 Photojournalism 2021-22
- Photography For Beginners
 2022-23
- Photography Beyond Basics 2022-23
- First Step in Photography
 2023-24
- Pro-level Photography
 2023-24
- Introduction to Film Language 2016-23

SEMINARS PARTICIPATED

- Media in cyber era: reporting the strategic environment in south Asia Dept.of Political,
 Science, Journalism & English
 Prajothi Nikethan, college. Puthukadu
- international workshop on online teaching tools
 SWOTs,Saurashtra college
- International Webinar on Countering Fake News,
 Misinformation and Sensationalism, Dept. of Media
 Studies, Christ Nagar College
- International Media Webinar on Post-Covid challenges in Film Industry, Marian College Kuttikanam
- The changing world of Educational leadership:
 Impediments & prospects amidst Covid-19 crisis,
 Sourashtra College
- Webinar on V2X-E-Mobility R & D Centre at School of Engineering & Technology, CHRIST (Deemed to be University) in association with Safran & IEEE Communication
- International conference on Eurocentrism and its impact on Global Narratives organised by Post Graduate Dept. of English, CNC
- FIP-Design thinkind for improving the teachinglearning process-Innovation & Earning incubation
 Center of Christ Nagar College, TVM
- FDP-National research Methodology Webinar Dept.
 of Commerce & Dept. IQAC- Mar Thoma college,
 Chungathara, Malapuram
- Faculty Development Programme "A-Z of Writing Publication in Scopus-Indexed
- Journals-GRM institute of Technology, Kakinada
- Responsible Journalism During Covid 19 Pandemic Department of Mass Communication and Journalism ANSAR WOMEN'S COLLEGE PERUMPILAVU Karikkad, Thrissur

DANCE CAREER

Started her dance when she was three years old, learning under the renowned Smt. Girija Chandran, and continued to learn Bharathanatyam from Smt. Kalakshethram Vilasini. Later she learned Mohiniyattam from Smt.Vijayam, Smt.Sunitha Satheesh and Smt.Gopika Varma. She trained kathakali under Sri.Changalapuzha Anujan and Sri.Nelliyodu Vasudevan Namboodiri.So she did advanced training in Bharathanatyam under Priyadarshini Govind, Vaibhav Arekar and Bregha Bessel. Thara underwent training with renowned film Choreographers Kala, Brinda, Kumar-Shanthi, Vaibhavi Merchant, Nazeer Prayaga, Sajna Najam, Sreejith P Dazzlers, Babu Footloosers, etc. in contemporary and Bollywood Dance.

Her vision is to develop Mohiniyattam as a powerful communication medium and expand its capability to reach to wider audience overcoming barriers in communicating with common man. She started to explore research inquisitiveness and did Mphil from the Center for performing arts, University of Kerala. Then she joined for PhD and research became part of her living and this molded her further as a dancer and an academician. She has performed all through her life in many places, festivals, temples, and special occasions. Her field of expertise allows her to be very graceful in her Mohiniyattam. Thara runs an Institute of Arts called "Ragasree Kalakendra" & Sargaskhethra in Trivandrum.

Thara expanded the traditional repertoire of Mohiniyattam by choreographing many items. "Omanathingal Kidavo" full lyrical abhinaya, "Gopika Manasam" combining Sugathakumari's 'Krishna nee enne ariyilla' and Ayyappa Panikker's ' Gopika dandakam', Swathithirunal Padam Fusion, new narratives to swathi padams, "Swami Ayyappan" - Mohiniyattam version of Harivarasanam, "Mathrudevobhava" based on Bharathiyar's Chinnacherukiliye etc

Her narratives on rare varnam of Swathi Thirunal 'Sarasijanabha' & 'Bhagavatham' choreographed by Gopika Varma & Saint Annamacharya 'Vinnavincavale' on Lord Venkateshwara and Alamelumanga choreographed by Methil devika are notable. Her own new Mohiniyattam compositions are Soorpanakha, an adaptation of Sara Joseph's short story 'Thaikulam', a Varnam on Maharaja Swathi Thirunal, a dance drama based on Othello etc. are premiering at national dance festivals this year.

DANCE CAREER

Performance:

- In Mathrudevobhava, portrayed problems of old age: https://youtu.be/8UjDVMe6K5U
- In Omanathingal she tries to show the whole poem in mudra language of Mohiniyattam https://youtu.be/2Kxi2Hxx6QI
- In Alarsara she portrays the life of devadasi and her unfulfillied desires https://youtu.be/ndUBCFbelcU
- In Gopika Manassam -she combine two different poems Krishna nee enne ariyilla &
 Gopika Dandakam by two different poets(Sugathakumari & Ayyappa Paniker) into one.
 https://www.youtube.com/watch?v=RaPd3swCSDo
 https://www.youtube.com/watch?v=pMVtNVjLUK8
- In Swathi fusion ,she fused 3 different krithis of Maharajah Swathi Thirunal to one narrative , pitching the story of popular movie Bodyguard https://www.youtube.com/watch?v=sOBzGaA6ag8
- Omkara Karini..narrative of Dr Balamurali Krishna's composition https://youtu.be/pcrVV0AOKck
- Panimathi Mukhi bale..Swathi Thirunal Padam
 https://youtube.com/shorts/-8ZsokN25nU?feature=share
- <u>Lalitha Lavanga.</u>.Astapathy
- https://youtu.be/xccXk2spNOI
 - <u>Chaliye Kuncharumo,</u> Hindi Bhajan by Swathi Thirunal:
- https://youtu.be/Sj5MF2wJ-II?si=ZkgxMwcUrrgNd6sq
- https://youtu.be/BdmdO453geY
 - <u>Sarasijanabha. o</u>n Padmanabha Swami Devotee:
- https://youtu.be/qGTSi-oSGh4
 - Poothen Nermozhi, Swathi Thirunal Padam
- https://youtu.be/XEVGi-VqVj0
 - <u>Sumasayaka..</u>Maharaja Swathi Thirunal Varnam:
- https://youtu.be/zlXKD1arNAI?si=81CbtZ3vubsPkBKF
- <u>Enthaho Vallaba</u>..A Swathi Thirunal padam:
- https://youtu.be/En r9V5Fask?si=Qg6SFysCFhUovOh3

Media Experience

In Print Media:

- ·Freelancing Snehitha (keralakaumudi publication)- campus page
 - -The Hindu-Metro
 - The New Indian Express

Cultural - On Stage:

Balakalothsavam, Yuvajanothsavam, Star Shows
(classical & folk dances, monoact, mimicry, fancy dress, Kathaprasangam, painting ...)

- ·Dance programs
- ·Learned Bharatnatyam, Mohiniyattam, Kuchipudi, Kathakali, Folk Forms, Contemporary and Bollywood Dance
- ·Running dance Institute since 1996, Sargakshethra Institutes Of Arts
- & Ragasree Kalakendra, Kumarapuram(2008 onwards)
- ·Star shows (India & UAE), Classical dance programs in many places, festivals, temples and special occasions, Choreography for Reality shows

Anchoring:

Master of ceremony for several live events

Drama

| Play | Playwright | Role played | Performed at |
|----------------------------------|--|----------------------|---|
| Daivathar | Kavalam Narayana Panikar | Vannathy | Institute of English, University of kerala |
| Aadubali | Dr.Vayala Vasudevan Pillai, | Subhadra& Hidumbi | Performed at National theatre festival-2012 |
| Ayal | Ravi Vallathol | Heroine | Anniversary Chithira Thirunal Library, TVPM |
| Kalipattam | Ibrahim Vengira | Laxmikutty | Anniversary Chithira Thirunal Library, TVPM |
| Veruthe Mohikuvan Moham | Prof.G.Gopalakrishnan | Hema Thampuraty | VJT hall,TVPM On world theatre Day 2008 |
| Anasthasyayude Rakthasakshyam | Dramatic version of a poetry by Kuriakose Elias | Anasthasya | Senete hall, TVPM |
| Oedipus | Sophocles | Jocasta | Senete hall, TVPM |
| Othello | Shakespeare | Desdemona | Senete hall, TVPM |
| Hyavadana | Girish Karnad | Padmini | Senete hall, TVPM |

In Visual Media:

Entering in media at the age of 7 through special programmes in DDI. Acting

Films:

- Jubilee (by Gee George, Unity pictures)
 https://youtu.be/xeOVuJysKCs?si=uaoghBVGzMQJgHLK
- Balyam(2006-Heroine Renuka Nandan, J.K Productions, by Joss Nettayam)
 https://youtu.be/9lo2uxiolis , https://youtu.be/RgTfvpoj9lY
- -Kochirajavu(2005- Dileep's sister-Devi, by Jonny Antony)
 https://youtu.be/6J8SGzFZFg0 , https://youtu.be/yZ6DZ71jg34
- Oraal (2006-journalist Kalyani, by Kukku Surendran) https://youtu.be/B4tX6MbWfzc
- Speed Track(2007 -Lucy Joseph, by Jayasurya)
 https://youtu.be/GdyVyez0x_0 , https://youtu.be/kka1L602tWohttps://youtu.be/ZdetqGMTiNg
- Aa sundariyude bharthavu (2013,Heroine-Ramani, Thakazhi's short story, by Yedeedradas)

https://youtu.be/fRagRec_x18?si=QHwANfy80BbG5nX0

 Christmas carol (2013, character role, by Prof G.Gopalakrishnan &T.N Rafi Mannar, Navajeevan Kalaveedhi)

Serials:

- Dalangal (1997,child artist,DD1,R.P Chandran)
- Deeptham(1996,childartist,DD1,R.P Chandran)
- Moonnumukhamulla kannady(heroine,seetha,2004-05,DD Keralam By Jayan Nair)
- Sthreehwam(2005-06,Surya TV, by Biju Vargheese)
- Mukhamariyathe Kathayariyathe (200506,Amrita tv, by Purushothaman)
- Maunam(2005-06,Surya TV,byShibu)
- Kochu Thresyakochu (2006,Kairali t.v, by Nisar)
- Anveshi (2006,Amrita TV,by Jayan Chempazyanthy)
- Aaro Oral (2006,Kairali.TV,by Martin Chalissery)
- Yathra (2006,DD Keralam,by Ashok Sangeeth)
- Koodevide (2006,Surya TV byBiju Vargheese)
- Daya(2006-07 ,Kairali TV, by Saji Surendran)
- Maalayogam(200607,Asianet,Shiva Mohan Thampy)
- Kanal poovu (2007,Kairali,Melila Rajashekan,Robert)
- Kannadiyile Mazha (2007,Bharat TV by Shimjith)
- AmmeDevi (2007,Surya t.v,by T.S SureshBabu)
- Ethu Kalliyankkattu Neeli (2008,surya TV, Saji Kilimanoor)
- St.Antony (2008,Surya.TV,T.S.Sureshbabu)
- Parayipetta pandeerukulam(2008,Surya T.V,Sankar Valathungal)
- Marmaram(2009-10,DDK,by Anil Kazhakoottam)
- Anandam(2009-10,DDK,Sreevalsan)
- Dosth(2012,kairali by Elavarassan) etc

In Visual Media:

Ad Films:

- 'Shankummukhy' herbal hair oil (2003)
- 'Saraswathy enterprisers'(cera) (2003)
- 'Trishur jewellers' (2003)
- ·SISO Publications (2003)
- ·'Swayamvara'(Manorama publications 2004)
- 'Krishnan Nair & Sons' Jewellery (2004)
- 'Maruthwa Panjageerakagoodam' (2004)
- .'Jewel Hut'(film Ad) (2006)
- · 'Arena Multimedia' (film Ad) (2006)
- .'Karveeni' herbal hair oil (2007)
- ·Malayala Manorarna spoken english CD ROM (2007)
- ·Maharaja Textiles (2007)
- ·K.S.F.E (as sreenivasan's wife- 2007)
- Bharath furnitures (2011) & (2020)
- Airline academy(2012)
- Josco Jewellers (2008)
- ·Maharani gold park(2009)

Choreography:

- Porul(film-2013)
- ·Dalangal(serial 1996-DDI)
- Aavanithumbikal (1996 -DDI)
- Kairali Vandanam(2001-DD 1)
- Bharatheyam
- Voice of Kerala for Surya TV reality show)
- · 'Shivaranjini'-megaserial by K.K Haridas
- 'Thiruvathira Nyattuvela', 'Ezhimala', 'Moorumbum' & 'Onavillu' for MGM group of Institutions
- 'Snehageethikal' coordinating all my dance students in Ragasree Kalakendra
- 'Ee vipathumattanam' co-ordinating 80 dancers of Christ Nagar College
- 'Kinavukal Kandunaraam' by Music club and IQAC Christ Nagar College
- · Albums
- Title songs
- Star shows
- Reality Shows

Technical experience-Visual media:

- ·Voice Of Kerala for Surya.TV by Optimist (Asst.Director to Roopash & Veerendra)
- Kuttvum Shikshayum-serial (Asst.director to Jayan Nair)
- ·Program Producer, Journalist -Drishya T.V(cable channel) for Two years
- · Albums, short films, Documentaries



In Visual Media:

Anchoring

Anchoring:

Dooradarshan

- Hello Kerala-2007
- Movie Mix The Most Wanted-2006
- Chiihrageetam- 2005-06
- Vellithira-2004-05
- Varthakauthukam-2004
- Njyanjal Oru Kudumbam-2004

Anandapuri FM

 Chemmannur Priyageetham -07-10

Surya T.V

- Campus choice 2003-05
- Ponpulari -2003

Kiran T.V

- Kiran wishes-2005
- Hello Hello-2005
- Ningalkariyamo? -2005

Asianet

- Campus Magazine-2003
- Special programmes

A.C.V

- Ruchibedham -2003-04
- Home and Garden-2003
- She Style-2003

Amrita T.V

- Anjali-2005
- Gazal-2005

Jeevan T.V

Medley Show -2003

Kairali

- American cafe-2006
- Ee Snehatheerathu-2006
- Rainbow-2006
- Vasthu-2007
- Mabhuranombaram-2008
- kumkumam-2012-13

People

- Fone N Fun-2005-06
- Special programmes

Bharath T.V

Snehachangala-2007

Jaihind

- Priya Sangeetham-2007
- Movies online- 2007
- Politrician- 2007
- 4th estate- 2007
- Yes Your Honour-2007-08
- Surabhi-2008
- Neelambary-2009
- Stardom-2012
- MediTalk-2009-15
- Grihapadam-2009-13

Drishya TV

- Extreme genius-2008-2009
- Bollywood Beats-2009-2019







